

ORWELL NEWS

SUMMER Vol. 6

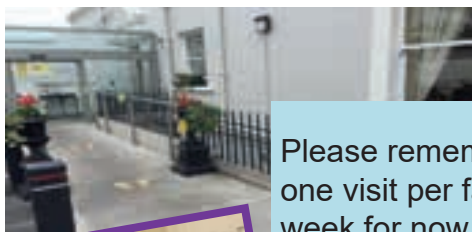


PHASE 2
EASING OF COVID-19
RESTRICTIONS
JUNE 8

VISITORS WELCOME

We're delighted to announce Orwell Healthcare are welcoming visitors from June 15th as per the recent announcements to ease nursing home and care setting restrictions in line with public health and government guidelines. This is a very welcome decision and one which we know all families will be delighted to hear. For visiting to take place there are strict guidelines to adhere to which Orwell Healthcare have been working on to ensure we have everything in order before visitors arrive;

- Each visit will be booked in advance with Reception. Please call 01 4999000 to make a time.
- Visitation will be strictly 15 minutes long.
- Visitors are requested to adhere to a risk assessment on arrival and are to bring and wear a mask for the duration of the visit.
- Visits will take place in internal visitor rooms



Please remember it's only one visit per family per week for now. Whoever is nominated 'Next of Kin' 1 or 2

Pictured (Left) The new perspex screen installed at Reception this week.



Stunning peony roses in full bloom at the front of Orwell Private.

Meanwhile, many new varieties of plants have been bedded in at Orwell Queen of Peace.

SUMMER IN EARNEST

With summer now well and truly underway our Activities Team have put in place some lovely ideas to ensure residents are getting out and about and enjoying the fine weather albeit from a different perspective. Our minibus will be in operation later this week for an hour's tour of important and historic sights of the city.

The residents who have signed up are looking forward to this as it has been hard being in the confines of Orwell Healthcare for months. The tour has been fully risk assessed and will take smaller numbers of residents than usual. It will be on a unit by unit basis both for Orwell Private and Orwell Queen of Peace.

There are also plans for farm animals to visit, regular mass to restart from June 29th and a myriad of bands and variety of performances to take place over the next few weeks.

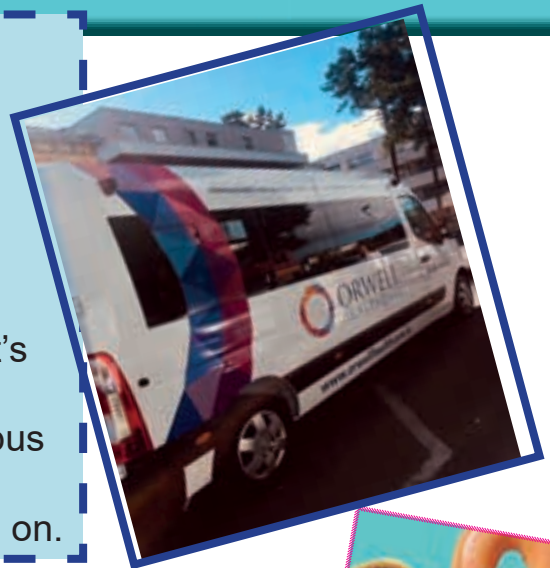
All contingent on remaining COVID free of course!



Good Vibes

The BUS is back!

We did a trial run of a bus trip with residents last week taking in all the important city centre sights. What a thrill! Strict guidelines were maintained throughout the trip but it didn't spoil the fun at all. It's just good to be out and about once again enjoying this wonderful city in the middle of summer. More bus trips are planned for this week and I'm sure the itinerary will be more adventurous as the weeks roll on.



Thanks to the many companies that rewarded our staff with delicious treats during the lockdown....it really made a difference to team morale! Special mention to Butler's Chocolates, Keogh's Crisps, Krispy Kreme Donuts and Nutricia. We have also received donations from families and friends toward the staff fund as well as gifts, treats & prayers! We are very grateful to you all.



Some of the lucky winners of the staff morale prizes



Trust us everyone is smiling!



Reflections

A resident kindly penned the following for the newsletter for which we are very grateful. Keep in mind it was written during 'lockdown' a couple of weeks ago.

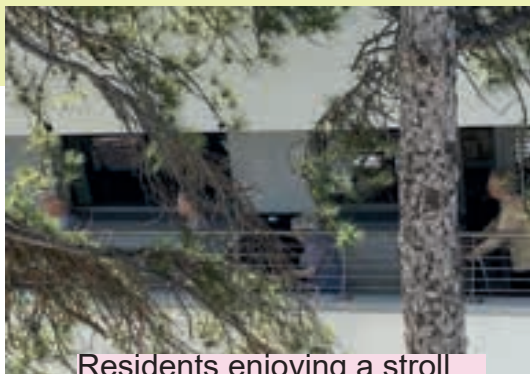
'Here we are in the week of the lockdown. When will it all end? In the not too distant future, we hope. At least we can get out in the garden now, in the fresh air and walk a bit. We are blessed with the weather we are having at the moment.

What I have missed most during the lockdown is, of course, visits from my two sons, who live near by. One or other of them would call into see me nearly everyday before this happened.



Having been fortunate enough to own a car for all of my adult life and then having to give it up was a big loss to both of us. Living in the country as we did, we used the car a lot. So of the many kindnesses shown to me by my family lunch out on Sunday etc. I've always enjoyed being taken out in their cars. I would be taken to Rathfarnham Castle home of my ancestor Archbishop of Dublin and first Provost of Trinity College or St. Enda's Park or maybe Marlay Park. That will be something to look forward to when the home opens up again.

This is an opportunity for me to thank the management for their skilful action in keeping COVID 19 virus at bay until now and to the staff for braving the dangers of contracting the virus themselves to look after us so conscientiously.



Residents enjoying a stroll on the boardwalk of the The Elgin building

Welcome to the Orwell Team

We have just appointed three senior members to our team at Orwell Healthcare. We are delighted to welcome Caroline Murnane (Director of Nursing), Aoife Lawlor (HR Manager) and Deborah Kale (CNM). You are very welcome and we wish you all the best as you settle into busy roles at Orwell.



Another resident has drawn my attention to a subject very close to many of our hearts.....sweets from the 80's. The Sunday World magazine recently ran an article called 'Sweet Dreams' mentioning many of our firm favourites from the past. Sadly a lot of the confectionery from the past has been discontinued (although our dentists are quietly delighted) Counting down from 8 are the following:

8. Double Dip by Swizzels
7. Desperate Dan by Nestle
6. Toffo by Rowntree Mackintosh
5. Klipso Bar by Wilton
4. Refreshers by Matlow
3. He Man Jellies by Alma Confectionary
2. Secret Bar by Rowntree Mackintosh
1. 54321 bar by Nestle

What's Happening?

From w/c June 29th we look forward to celebrating mass once again at Orwell Healthcare. We never stopped saying our prayers but now we can come together as a community to practise the faith which is so important to many. We are also looking forward to Sr. Julie visiting on Mondays at Orwell Private and the Sisters of Saint Paul de Chartres visiting daily in Orwell Queen of Peace and on Thursday's in Orwell Private.

Summer Menus have been devised for residents using the freshest local seasonal produce as well as keeping in mind some firm favourites. Every dish has a lighter twist which the residents and staff are enjoying. Please let us know your feedback as our catering team have made substantial changes.



Chefs and kitchen staff met in the garden and polytunnel to consider what produce can be used in some of the latest dishes for the summer menu to pack a punchy flavour!



World Environment Day was June 5th and we enjoyed planting a tree which was propagated in Orwell Healthcare.



Visitors

To ensure a smooth visit please check:



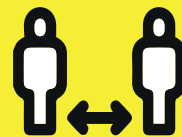
You have an appointment



Wait in your car or outside until allocated time



You have a mask



Keep a social distance at all times



Your stay is no longer than 15 minutes

Thank You

If there is anything you wish to add to the resident and family newsletter please contact:
pr@orwellhealthcare.ie